

Medical Evaluation

Oral Cancer / Airway Management

Today's Date: _____

Patient Name: _____ Date of Birth: _____

Primary Medical Provider: _____ Phone: _____

Other Medical Provider(s): _____

Oral Cancer Evaluation

- | | | |
|--|------------------------------|-----------------------------|
| 1. Have you ever been diagnosed or have a family history of Oral Cancer? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 2. Have you ever been diagnosed or have a family history HPV? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 3. Do you currently use any tobacco products, or have used them in the past? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 4. Do you use e-cigarettes or do you use vapor devices? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| 5. Do you regularly consume alcoholic beverages? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

Medical History / Review of Systems

- | | | | | |
|--|--|--|--|--|
| <input type="checkbox"/> Morning Headaches | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Heart Failure | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Insomnia |
| <input type="checkbox"/> Frequent Urination at Night | <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Renal Failure | <input type="checkbox"/> Dry Mouth | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Jaw Discomfort | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Low Testosterone | <input type="checkbox"/> Memory Loss | <input type="checkbox"/> Snoring |
| <input type="checkbox"/> Grinding Teeth (Bruxism) | <input type="checkbox"/> Restless Legs (RLS) | <input type="checkbox"/> Atrial Fibrillation | <input type="checkbox"/> Night Sweats | <input type="checkbox"/> COPD |
| <input type="checkbox"/> Fatigue/Hypersomnia
(excessive daytime sleepiness) | <input type="checkbox"/> Restless Sleep | <input type="checkbox"/> Obesity/Overweight | <input type="checkbox"/> Hypertension
(high blood pressure) | <input type="checkbox"/> GERD
(acid reflux) |

OSA / Airway Evaluation

- | | | | |
|--|------------------------------|-----------------------------|-----------------------------------|
| 1. Do you snore or have been told that you snore? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | <input type="checkbox"/> NOT SURE |
| 2. Do you often feel tired, fatigued, or sleepy during the daytime? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | <input type="checkbox"/> NOT SURE |
| 3. Has anyone observed you stop breathing or gasping for air during your sleep? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | <input type="checkbox"/> NOT SURE |
| 4. Do you have or are you being treated for high blood pressure or GERD (acid reflux)? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | <input type="checkbox"/> NOT SURE |

Epworth Sleepiness Scale

	Never doze off	Slight chance of dozing	Moderate chance of dozing	High Chance of dozing
1. Do you get sleepy, or doze off, while sitting and reading?	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
2. Do you get sleepy, or doze off, while watching TV?	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
3. While sitting or inactive in a public place?	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
4. As a passenger in a car for an hour without a break?	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
5. Lying down to rest in the afternoon?	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
6. Sitting and talking to someone?	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
7. Sitting quietly after lunch without alcohol?	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>
8. In a car, while stopped for a few minutes at a traffic light?	0 <input type="checkbox"/>	1 <input type="checkbox"/>	2 <input type="checkbox"/>	3 <input type="checkbox"/>

Total Score

- | | | |
|---|------------------------------|-----------------------------|
| Have you ever been diagnosed with sleep apnea/had a sleep study? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Are you currently using CPAP? (or any other apnea/snoring device) | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Are you currently taking any sleeping aids (prescribed or OTC)? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| Are you currently taking any prescribed pain medication? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

Physical Evaluation- OFFICE USE ONLY

Gender: _____ Height: _____ Weight: _____ BMI: _____ Blood Pressure: _____

Neck Circumference: _____ inches Mallampati Score/Class: 1 2 3 4

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> Enlarged/Scalloped Tongue | <input type="checkbox"/> Retruded Lower Jaw | <input type="checkbox"/> High Arching Hard Palate | <input type="checkbox"/> Enlarged Tonsils |
|--|---|---|---|

Provider Signature/Initials* _____

*To be filed for reference and review in patient's chart notes